



3rd Winter Laryngology Course on Unilateral Vocal Fold Paralysis

Dates: 19-20.1.2026. Venue: Klaus K hotel, Bulevardi 2-4, Helsinki

Program is subject to changes

19.1.2026			
Basics in UVFP and augmentations. Chair: Ahmed Geneid			
08:15	Registration, Faculty upload and test presentations		
08:40	Welcome & Introduction	Ahmed Geneid	5 min.
08:45	Unilateral Vocal Fold immobility, what is it?	Ahmed Geneid	20 min
09:05	EMG: any help from it?	Antti Kinnunen	20 min
09:25	Rare neurological cases behind Vocal Fold Paralysis	Teemu Kinnari	20 min
09:45	Office augmentations: the pre-requisites	Yakubu Karagama	25 min
10: 10	Coffee Break		
10:30	Augmentation under local and general anesthesia	Markus Hess	40 min
11:10	What can go wrong in office based procedures?	Teemu Kinnari	15 min
11:25	Fat augmentation, how? is it really permanent?	Elisabeth Sjögren	20 min
11:45	Lunch		
From augmentation to thyroplasty 1. Chair: Markus Hess			
12:25	Permanent augmentation using fascia	Ahmed Geneid	20 min
12:45	Thyroid ala angulation in Type 1 thyroplasty, brief communication.	Markus Hess	20 min
13:05	Thyroplasty 1: the concept and how I do it!, focus on Silicon implants.	Yakubu Karagama	35 min.
13:40	Coffee break		
14:00	Montgomery Thyroplasty	Elisabeth Sjögren	30 min
14:30	VOIS thyroplasty	Guan-Min Ho	30 min
15:00	Tips and tricks in Thyroplasty	Ahmed Geneid	20 min
15:20	When thyroplasty fails. Examples and how to react!	All faculty	40 min
16:00	What we learned from experience in augmentation and thyroplasty 1, what works, when and why?	All faculty	30 min
16:30	Questions to the faculty	All faculty	30 min
17:00	Adjourn		

Dinner at 19:00 in Savotta Restaurant, Aleksanterinkatu 22, 00170 Helsinki

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COURSES

20.1.2026			
From the voicelab and voice therapist to the surgeon's hands. Chair: Yakubu Karagama			
09:00	What VoiceLab tells about Vocal fold paralysis and follow-up of procedures	Acoustician Tiiia Ojala	20 min
09:20	Role of the voice therapist with unilateral vocal fold paralysis patient	SLP Kaarina Ruusuvirta	20 min
09:40	Arytenoid adduction and Gore-tex thyroplasty, fixing the axis of voice!	Elisabeth Sjögren	40 min.
10:20	Coffee break		
10:40	String arytenoid abduction, let's make it easy!	Markus Hess	20 min.
11: 00	Laryngeal reinnervation? When and how?	Yakubu Karagama	45 min.
11:45	Lunch		
New ideas and discussions. Chair: Elisabeth Sjögren			
12:30	New ideas, where are we heading? more adjustable implants, remotely adjustable?	Moderator: Elisabeth Sjögren	30 min.
13:00	Bluelaser, not anymore the new kid on the block!	Ahmed Geneid	45 min.
13:45	Discussion and bring your case	All faculty	15 min.
14:00	Coffee break		
14:15	Hands-on Demonstration of augmentation, thyroplasty and bluelaser	All faculty	135 min.
16:30	Discussion	All faculty	30 min.
17:00	Adjourn		