



Helsinki Summer Laryngology Course 2026

Dates: 3rd -5th June 2026 Venue: Hotel Hanaholmen. Hanasaarenranta 5, Espoo, Finland

3rd June 2026			
16:00	Registration, faculty upload and test presentations		
Opening Session 1. Keynotes			
Chair: Ahmed Geneid			
17:00	Welcome & Introduction	Ahmed Geneid	15 min
17:15	Keynote: Phonosurgery - what I have learned.	Isabel Garcia Lopez	30 min
17:45	Keynote: Office-based Laryngology: from basics to state of the art	Simon Best	30 min
18:15	Keynote: Laryngology 2026: state of the art and standard of care	Elisabeth Sjogren	30 min
18:45	Discussion	All participants	15 min
19:00	Dinner in restaurant Plats, Hotel Hanaholmen: free for all participants, faculty and sponsors' representatives		

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4th June 2026			
08:00	Faculty upload and test presentations		
8:10	Lifestyle lecture 1: Birds, travel and work	Simon Best	20 min
Session 2. Laryngeal papilloma			
Chair: Elisabeth Sjögren			
08:30	Laryngeal papilloma: current epidemiology and management strategies	Taru Ilmarinen	30 min
09:00	RRP: new treatments for an old disease, AI possible rule	Simon Best	30 min
09:30	Blue laser for RRP and other laryngeal disorders	Teemu Kinnari	30 min
10:00	Coffee Break		
Session 3. Unilateral vocal fold paralysis			
Chair: Simon Best			
10:20	Injection augmentation: basic principle	Ahmed Geneid	20 min
10:40	Thyroplasty type 1: basic technique and implants' overview	Elisabeth Sjögren	20 min
11:00	Arytenoid adduction: what, why and do we need it?	Isabel Garcia Lopez	30 min
11:30	Adjustable implants	Guan-Min Ho	30 min
12:00	Discussion	All faculty	15 min
12:15	Lunch		
Session 4. Access and the airway in laryngology			
Chair: Isabel Garcia Lopez			
13:00	The difficult airway in adults - expected and unexpected	Mika Isohanni	25 min
13:25	Difficult exposure in microlaryngoscopy: tips, tricks and pitfalls	Elisabeth Sjögren	25 min
13:50	Opening the posterior glottis in stenosis:	Simon Best	25 min

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	endoscopic and open management		
14:15	Opening the posterior glottis in BVFP: AB-duction: indication and technique	Isabel Garcia Lopez	25 min
14:40	Coffee break		
Session 5. UES/Cricopharyngeal dysfunction			
Chair: Juliette Schuering			
15:00	Work-up in oropharyngeal dysphagia: where are we now?	Elisabeth Sjogren	15 min
15:15	Cricopharyngeal muscle dysfunction (CMD)	Isabel Garcia Lopez	20 min
15:35	Endoscopic surgery of CMD	Ahmed Geneid	20 min
15:55	External surgery of the UES	Elisabeth Sjögren	20 min
16:15	Swallowing issues in high vagal paralysis	Isabel Garcia Lopez	20 min
16:35	Beyond the pharynx: swallowing in the GE practice	Perttu Arkkila	25 min
17:00	Discussion and bring your case	All faculty	20 min
17:20	Adjourn		
18:20	Walking if weather allows to the restaurant (2 km) from hotel Hanaholmen		
19:00	Dinner in Lucy in the Sky restaurant, Keilaniementie 1, Espoo. free for all participants, faculty and sponsors' representatives		

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5th June 2026			
08:00	Faculty upload and test presentations		
8:10	Lifestyle lecture: what is this wine all about?	Elisabeth Sjögren	20 min
Session 6. EMG, dystonia and Transvoice surgery			
Chair: Teemu Kinnari			
08:30	Types of Laryngeal Dystonia	Juliet Schuering	20 min
08:50	EMG for the clinician: basics, set-up, patterns to recognize and practical uses	Antti Kinnunen	20 min
09:10	Laryngeal dystonia-vocal tremor: treatment options	Isabel Gracia Lopez	30 min
09:40	Myoneurectomy or type II thyroplasty: are these the answer?	Ahmed Geneid	30 min
10:10 Coffee break			
10:30	Discussion on dystonia treatment	All faculty	20 min
10:50	Transgender Voice Surgery: an overview	Simon Best	30 min
11:20	Transgender Voice Surgery in Helsinki	Teemu Kinnari	20 min
11:40 Lunch			
Session 7: Office based surgery - basics to state of the art			
Chair: Ahmed Geneid			
12:25	How I started office-based procedures: tips, tricks and pitfalls for the beginner	Juliet Schuering	20 min
12:45	Bluelaser and Transnasal procedures	Ahmed Geneid	40 min
13:25 Coffee break			
13:45	Demonstrations of different laryngeal surgeries: bluelaser, injections, thyroplasties on pig larynges in the lecture hall.		3 hrs
16:45	Discussion, feedback and closure		