Helsinki Laryngology Courses

4TH WINTER LARYNGOLOGY COURSE

Unilateral Vocal Fold Paralysis

4–5 February 2027 · Klaus K Hotel, Bulevardi 2–4, Helsinki

Day 1 Thursday 4 February 2027

Basics in UVFP and augmentations Chair: Ahmed Geneid

08:15	*Registration, faculty upload and test presentations*		
08:40	Welcome & Introduction	Ahmed Geneid	5 min
08:45	Unilateral vocal fold paralysis: a practical framework and algorithm for treatment decision-making	Berit Schneider-Stickler	20 min
09:05	EMG: any help from it?	Antti Kinnunen	20 min
09:25	Rare neurological cases behind vocal fold paralysis	Teemu Kinnari	20 min
09:45	Office augmentations: the pre-requisites	Yakubu Karagama	25 min
10:10	*Coffee break*		
10:30	Augmentation under local and general anesthesia	Markus Hess	40 min
11:10	What can go wrong in office-based procedures?	Teemu Kinnari	15 min
11:25	Fat augmentation, how? Is it really permanent?	Elisabeth Sjögren	20 min
11:45	*Lunch*		

From augmentation to thyroplasty 1 Chair: Markus Hess

12:25	Permanent augmentation using fascia	Ahmed Geneid	20 min
12:45	Thyroid ala angulation in Type 1 thyroplasty, brief communication	Markus Hess	20 min
13:05	Thyroplasty 1: the concept and how I do it! Focus on silicone implants	Yakubu Karagama	35 min
13:40	*Coffee break*		
14:00	Montgomery thyroplasty	Elisabeth Sjögren	30 min
14:30	VOIS thyroplasty	Guan-Min Ho	30 min
15:00	Tips and tricks in thyroplasty	Ahmed Geneid	20 min
15:20	When thyroplasty fails. Examples and how to react!	All faculty	25 min
15:45	What we learned from experience in augmentation and thyroplasty 1: what works, when and why?	All faculty	25 min
16:10	Questions to the faculty	All faculty	20 min
16:30	*Adjourn*		

Course dinner at 19:00 · Savotta Restaurant, Aleksanterinkatu 22, 00170 Helsinki

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Day 2 Friday 5 February 2027

From the voicelab and voice therapist to the surgeon’s hands Chair: Yakubu Karagama

09:00	What VoiceLab tells about vocal fold paralysis and follow-up of procedures	Acoustician Tiia Ojala	20 min
09:20	Role of the voice therapist with the unilateral vocal fold paralysis patient	SLP Kaarina Ruusuvirta	20 min
09:40	Arytenoid adduction and Gore-Tex thyroplasty, fixing the axis of voice!	Elisabeth Sjögren	40 min
10:20	*Coffee break*		
10:40	String arytenoid adduction, let’s make it easy!	Markus Hess	20 min
11:00	Laryngeal reinnervation? When and how?	Yakubu Karagama	45 min
11:45	*Lunch*		

New ideas and discussions Chair: Elisabeth Sjögren

12:30	Electrostimulation for unilateral vocal fold paralysis	Berit Schneider-Stickler	30 min
13:00	Blue laser, not anymore the new kid on the block!	Ahmed Geneid	45 min
13:45	Discussion and bring your case	All faculty	15 min
14:00	*Coffee break*		
14:15	Hands-on demonstration of augmentation, thyroplasty and blue laser	All faculty	135 min
16:30	Discussion	All faculty	30 min
17:00	*Adjourn*		